



Marching Band PE

5 Credits

Grades: 10, 11, 12

Prerequisites: PE 9 & High School Physical Fitness Test

Overall Description of Course

Marching Band PE is designed for students who play a wind or percussion instrument. Students are expected to be able to play music within the standard music level range of grade 2.5 to 5. Students will rehearse and perform varied repertoire covering both the marching band idiom and will learn a variety of movement patterns. Students are expected to attend a weeklong band camp prior to the start of school, march at home football games, participate in two local parades, and participate in all WBA competitions throughout the season. At home practice and participation in sectionals is an expected requirement of the course. WE ARE A TEAM and attendance, willingness to each give our personal best, and the ability to maintain a growth mindset are important and vital parts of being a marcher. Elements of musicianship and marching fundamentals are progressively taught and developed throughout the Semester.

Student Objectives

Throughout our study and participation in the [Marching Arts](#), students will learn, refine and demonstrate competency/mastery of a series of movement patterns and motor skills as related to learning a marching band field show (drill, choreography, and dance techniques while playing an instrument). Students will engage in regular cardiovascular exercise, strength training, and will improve upon their own level of fitness. Students will also engage in goal setting, will learn about continued opportunities in the Marching Arts, and will evaluate and refine their own personal goals as it relates to performance.

Guiding Standards

STANDARD 1: Students demonstrate knowledge of and competency in motor skills, movement patterns, and strategies needed to perform a variety of physical activities.

STANDARD 2: Students achieve a level of physical fitness for health and performance while demonstrating knowledge of fitness concepts, principles, and strategies.

STANDARD 3: Students demonstrate knowledge of psychological and sociological concepts, principles, and strategies that apply to the learning and performance of physical activity

KNOWLEDGE

- Marching in a block, within a rank and file
- Proper roll step/bent leg technique
- Basic military/marching commands: attention, mark time, forward march, band halt, roll off, parade rest
- Ability to read drill sheets, coordinate sheets, and interpret movement sets

SKILLS

- Attention, Mark Time, Forward March, Backwards March, Left & Right Faces
- Ability to execute various exercises: Box Drill, Turrets, etc.
- 8 to 5, spacial relationship, instrument carriage
- Playing music while marching with proper technique
- Various Dance Movements: Chasse, Plie, Relève, Saute

MATERIALS

- Drill sheets, coordinate sheets
- Video Drill Set Simulations
- Various Marching Band Music Arrangements
- "When You Wish" Field Show

Grading

<u>Grading Scale</u>	
90%-100%	A
80%-89%	B
70%-79%	C
69%-60%	D
0%-59%	F

Final Grades are weighted amongst the following 3 categories: **Professionalism (40%), Concerts & Performances (30%), and Assignments & Assessments (30%).**

Professionalism (40%)

Students are expected to:

1. Be set up (instrument, music, drill and coordinate sheets, etc.) and on the track at 3:45pm for PT.
Students not ready by that time will be marked tardy!
2. Not have any phones or other electronics out during rehearsal. Phones should be stored in Band Lockers or on the sideline for the duration of practice.
3. Have a properly working instrument, a pencil, drill sheets, coordinate sheets and all required sheet music for every practice.
4. Show up prepared and ready to work and learn.
5. Be productive, engaged, and active listeners and participants.

Competitions & Performances (30%)

As stated in the Band Contract, students MUST maintain all commitments to performances, parades, and competitions. Any missed performance will result in an automatic 0 for the "Performances/Concerts portion of my grade (30%)". Students who need to miss a performance due to severe illness or other family commitments may be allowed to make up the missed points by writing a concert report, although *only* if Mr. Chambers is notified by a parent beforehand. No exceptions.

The full calendar is accessible at www.sobratomusic.com, on Google Classroom, and on the BAND App.

Assignments & Assessments (30%)

Students will be assessed periodically on:

1. Physical Fitness Goals
2. Execution & Memorization of Music
3. Marching Fundamentals
4. Posture and Body Carriage
5. EVALS: a portion of the field show

I look forward to working with each and every one of you. If you have any questions, please feel free to reach out.

Best,



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