

A photograph of a marching band practicing on a green field. In the foreground, a large black tuba is prominent. Behind it, several students are playing tubas and euphoniums. A student in the center is wearing a black shirt and a brown jacket. The background shows empty white bleachers and a chain-link fence. The text "Marching Band PE" is overlaid in white.

Marching Band PE

Course Prerequisites & Scope

Marching Band PE is open to students Grades 10-12 with the successful completion of PE 9 (or teacher recommendation) and the 9th Grade Physical Fitness Test.

Marching Band PE is a Fall Semester Only Course which satisfies 5 Credits of Physical Education toward Graduation. If scheduled during the 1-6 Period Day, this course becomes Adv Band CP in the Spring, satisfying VPA Credits.

[Syllabus](#)

History

Marching Band PE was adopted as a Pilot Course in the Spring of 2019.

Mr. Locsin (Live Oak High School) and Mr. Chambers (Ann Sobrato High School) were increasingly concerned about band students being impacted by a 6 Period day and increasing graduation requirements- making it nearly impossible for many students to stay in band for 4 years.

Prior to the adoption of this course, Mr. Chambers and Mr. Locsin earned Single Subject Credentials in Physical Education, researched models that other schools/districts had in place for this type of course, and developed/proposed this curriculum.

Is it the Pilot Program working?

Students learn a variety of movement patterns, dance fundamentals, body coordination, spatial awareness, team building, self-responsibility and achieve high levels of physical fitness. The PE standards add depth to the activity and offer opportunities for goal-setting, self-assessment, purposeful reflection, etc.



Is this good for Kids?

Students have found this course helpful in mitigating the effects of an increasingly restrictive schedule. [Here is a link to the data collected.](#)

