

A marching band is performing on a green field with white yard lines. In the background, there are white bleachers. The band members are wearing black shirts and some are wearing orange shirts. They are playing large silver tubas and smaller brass instruments. A person in the foreground is playing a mallet instrument, possibly a xylophone or maracas. The text "Marching Band PE" is overlaid in white on the image.

Marching Band PE

Course Prerequisites & Scope

Marching Band PE is open to students Grades 10-12 with the successful completion of PE 9 (or teacher recommendation) and the 9th Grade Physical Fitness Test.

Marching Band PE is a Fall Semester Only Course which satisfies 5 Credits of Physical Education toward Graduation. If scheduled during the 1-6 Period Day, this course becomes Adv Band CP in the Spring, satisfying VPA Credits.

[Syllabus](#)

History

Marching Band PE was adopted as a Pilot Course in the Spring of 2019.

Mr. Locsin (Live Oak High School) and Mr. Chambers (Ann Sobrato High School) were increasingly concerned about band students being impacted by a 6 Period day and increasing graduation requirements- making it nearly impossible for many students to stay in band for 4 years.

Prior to the adoption of this course, Mr. Chambers and Mr. Locsin earned Single Subject Credentials in Physical Education, researched models that other schools/districts had in place for this type of course, and developed/proposed this curriculum.

Is it the Pilot Program working?

Students learn a variety of movement patterns, dance fundamentals, body coordination, spatial awareness, team building, self-responsibility and achieve high levels of physical fitness. The PE standards add depth to the activity and offer opportunities for goal-setting, self-assessment, purposeful reflection, etc.



Is this good for Kids?

Students have found this course helpful in mitigating the effects of an increasingly restrictive schedule. [Here is a link to the data collected.](#)

